

# Superhero Cape, Mask and Cuff



This cute cape, along with its coordinating mask and cuff, are all pieces that are cut out using your crafting machine. The cape side panels are embellished with decorative machine stitching. All items are then assembled with your sewing machine. Perfect for the aspiring little superhero in your life! The finished size of the cape is approximately 22" x 21" (56cm x 53cm).

## What you need

- 3 different colors of fabric
  - 1 yard (1 meter) for the main fabric (the center and back of the cape are the same color), cut into two 24" x 24" (61cm x 61cm) pieces
  - One 24" x 24" (61cm x 61cm) of each of the other 2 colors
- Felt for Mask and Cuffs - 3 colors to coordinate with the cape
- Heat Transfer Vinyl
- Fabric Grip Mat 24" x 24"
- Standard Grip Mat 12" x 12"

- Rotary Blade
- Basic Blade
- Weeding Tool
- 6" Brayer
- Heat Press
- Sewing Machine
- Thread for construction
- Thread for decorative stitching (contrasting color to the fabric)
- Parchment Paper
- Fusible Interfacing (approximately 2 yards)
- Fabric Marking Pen
- Straight Pins
- Ruler
- Hook-and-Loop Tape
- Elastic

## Directions

*Note: Seam allowances are ½" unless stated otherwise.*

1. Start by preparing the fabrics. All but the piece for the back of the cape will have fusible interfacing applied. Apply the fusible interfacing pieces to the wrong side of the corresponding fabrics for all 3 pieces for the front of the cape. Follow the fusible interfacing manufacturer's recommendations for application.
2. Open the project in Canvas. Place the first fabric on the Fabric Grip Mat. Interfacing side down. Use a Brayer to help adhere the material to the cutting mat, eliminating any wrinkles or bubbles.
3. Go to the Output Menu and press Send to Machine. Follow the steps to cut the material on your crafting machine.
4. Repeat for each fabric cut of the cape. Make sure to select 'Rearrange to reduce waste' when needed to ensure the pieces fit your material.



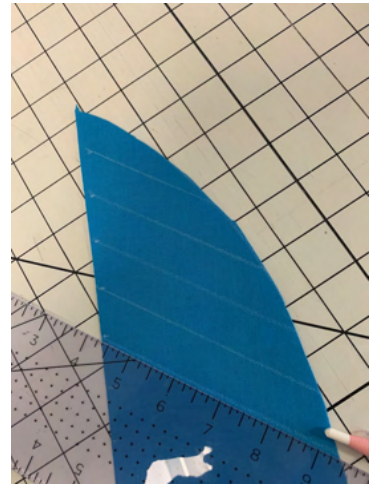
5. Place the Heat Transfer Vinyl, shiny side down (clear liner) on the Standard Grip Mat. Follow the steps to cut the Heat Transfer Vinyl on your crafting machine, remembering to 'Reverse Cutting' with Heat Transfer Vinyl.

*Note: When using more than one material, check all settings and customize inputs for your mat size, material type, material size, and arrangement of pieces before selecting next to begin cutting each layer.*

6. Place the felt on the Fabric Grip Mat. Follow the steps to cut the material on your crafting machine.

7. After all pieces have been cut, it is time to assemble your cape.

8. To make the "lightning bolts" on the outside of the cape, measure and mark every 1 inch at a slight angle going down and out on the right side of each outer edge piece of fabric.



9. Thread your sewing machine with a contrasting thread to the outer edge fabric. Select a decorative stitch or a zigzag stitch to create the "lightning bolt" design on the outer edge sections of the cape.

10. Stitch, following the marked lines on one of the panels. When finished, repeat for the other panel.



11. To assemble the front of the cape, place the center piece of the cape right side up and take one of the middle pieces and place it right side down, lining up the seam of the edges; pin as needed. Stitch the pieces together. Be sure to match the correct piece on each side as there will be a right and left side piece for the middle stripes and the edge pieces.



12. Press the seams, if using white fabric press the seam to the dark fabric.
13. Next, with the middle pieces right side up, take the outer edge pieces and place right side down making sure the raw edges are lined up. Pin and stitch the pieces together.
14. Press the seams, if using white fabric press the seam to the dark fabric.
15. With the front of the cape assembled, place it and the back of the cape right sides together and raw edges lined up. Make sure the shapes are aligned and pin in place.
16. Stitch around the outside of the cape. Leave a gap at an edge to turn the cape right side out.
17. Turn the cape right side out and stitch the opening closed.
18. Cut two pieces of hook-and-loop tape to attach to the collar of the cape.
19. Stitch one on the right side of the collar and the opposite piece on the underside of the other side of the collar making sure they meet.



20. To apply the heat transfer vinyl, use a Weeding Tool to remove unwanted Heat Transfer Vinyl pieces, leaving the design on the clear liner.

21. Arrange the vinyl designs. Use your Heat Press to apply the first layer of Heat Transfer Vinyl to your cape, on the centerpiece of fabric. Use parchment paper to protect your pressing tool. Once cool, use your Heat Press to apply the monogram.



22. To make the mask, cut a piece of elastic just smaller than the size of the child's head.

23. Place the two pieces of felt together making sure that the edges and eye holes match up and insert an end of the elastic on each side between the two pieces of felt and pin in place.



24. Stitch around the outside of the mask and around the eye holes with coordinating thread. A  $\frac{3}{8}$ " (10mm) seam allowance was used.

25. To complete the cuffs, place two pieces of opposite colored felt together, making sure to line up the edges and shape. Stitch around the outside with coordinating thread using a  $\frac{3}{8}$ " (10mm) seam allowance.



26. Place the lightning bolt in the center of the piece of felt that will become the outside piece and stitch in place with coordinating thread.
27. Cut hook-and-loop tape to fit the length of the cuff and stitch a piece on each side of the cuff, one piece on the outside and one on the inside of the opposite side.

## Images used in this project



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