

## Child's Headband



One of the most popular fashion accessories – for all ages – is a headband. This one features a three-dimensional embellishment to enhance the vinyl design on the main part of the band, and elastic at the back helps ensure a comfortable fit. The headband pieces are all easily cut using your cutting machine, then assembled using your sewing machine. Make several to coordinate with your entire wardrobe! The finished size of the headband is approximately  $2\frac{1}{2}$ " x 21" (6 cm x 53cm).

## What you need

- Cotton Fabric 12" x 24" (30.5cm x 61cm)
- Heat Transfer Vinyl (Purple)
- Paper-backed Fusible Web (for free-standing butterfly)
- Soft Fusible Interfacing 5" x 20" (13 cm x 20cm)
- Elastic 51/2" long, 5/8" (15mm) wide
- Standard Grip Mat 12" x 12"
- Fabric Grip Mat 12" x 24"
- Basic Blade

- Rotary Blade
- Heat Press
- Weeding tool
- Parchment Paper
- Lint Roller
- Thread
- Brayer
- Scissors
- Sewing Machine
- Iron and Ironing Board
- Safety Pin
- Small piece of string (see step #14)

## Directions

- 1. Open the project in Canvas.
- Place the fabric on your 12" x 24" Fabric Grip Mat. Use a Brayer to help adhere the fabric to the cutting mat, eliminating wrinkles or bubbles.
- Go to the Output Menu and press Send to Machine. Follow the steps to cut the fabric on your crafting machine.



- 4. For the loose butterfly, cut 2 pieces of fabric about 5 x 5 inches (13cm x 13cm). Cut a piece of fusible web the same size. Sandwich the fusible web between the fabric, right sides out. Press to fuse the fabrics together.
- 5. Place the fused fabric on your Fabric grip mat. Follow the steps to cut the fabric butterfly on your crafting machine.

Note: When using more than one material, check all settings and customize inputs for your mat size, material type, material size, and arrangement of pieces before selecting next to begin cutting each layer.

- 6. Place the soft fusible interfacing on the Fabric Grip Mat and follow the steps to cut the interfacing on your crafting machine.
- 7. Place the Heat Transfer Vinyl, shiny side down (clear liner) on the mat. Follow the steps to cut the vinyl on your crafting machine.
- 8. Use a Weeding Tool to remove unwanted iron-on pieces, leaving the design on the clear liner. Cut the liner to separate the two flower designs and the butterfly wings.
- 9. Apply the soft fusible interfacing to the wrong side of one of the headband fabric pieces.



10. Flip the piece over and place the floral vinyl design on top, lining up the ends. Cover with a piece of parchment paper to protect your pressing tool. Use your heat press to apply the vinyl to your project. Peel off the clear transfer sheet.



- 11. Place the vinyl wing design on top of the fabric wings, cover with parchment paper and use your Heat Press to apply.
- 12. Fold the rectangle fabric piece in half lengthwise. Straight stitch using ¼" (7mm) seam allowance. Back stitch at beginning and end of seam to reinforce stitching. Turn right side out.



13. Attach a safety pin to the end of your elastic and thread it through the fabric, making sure the other end of the elastic stays even with the edge of the fabric. Put a pin there to hold it in place, then scrunch the fabric down around the elastic and pin at the other end. Stitch both ends to hold in place



14. Place the plain headband piece right side up. Place the fabric-covered elastic on top and pin in place. To make it easier to turn the right side out later, pin a piece of string, longer than the length of the headband, to the end of the elastic.



15. Place the embellished headband piece on top, right side down. Pin together and stitch with ¼" (7mm) seam allowance, being careful not to catch string in seams. Back stitch at beginning and end of seam. Leave the end with the string coming out open.



- 16. Pull the string you attached to the elastic to help turn the right side out. It helps to push the end with elastic into the headband first so the string can turn easier.
- 17. Press on the reverse side from the side that has the heat transfer vinyl.
- 18. Optional: topstitch along the headband edge at 4.0 stitch length to keep the headband from turning in on itself.

19. Attach the wings to the butterfly by stitching a straight stitch set at 1.8 length along the center of the butterfly wings, back stitch at beginning and end of seam.



- 20. Tuck the end raw edge in about ½" (13mm) and press it inside.
- 21. Tuck the end of the elastic into the opening of the headband piece and pin in place. Straight stitch to secure.



## Images used in this project

